

## DD—CW—ACT—Training—Sessions with Details (5)

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### Overview of all Sessions

1. Pray
  - Father, in the Name of Jesus, by You, Holy Spirit...
    - Please Protect, Anoint, Inspire, and Direct (PAID) us in this time.
2. A getting to know each other question...(allow\give) provide 1 minute to allow the drafting of a statement of 10 words.)
  1. Session 1
    - i. What do you hope will come out of this fellowship?
  2. Session 2
    - i. Name one thing for which you are you grateful.
  3. Session 3
    - i. What is your favorite pastime?
  4. Session 4
    - i. To what do you sense God is Calling you?
3. Where we are going—At the end of this training, we will each...
  1. Be certain in our belief that Jesus was and is the Son of God
  2. Have a full understanding of the Good News of what Jesus is offering to all of us
  3. Have a strong and active faith
  4. Be in a personal and intimate relationship with Our Father, God, Creator of all things
  5. Be certain of our eternal future with Jesus and Our Father in Heaven
  6. Be on a path of learning all of what Jesus said, did, and said to do
  7. Be on a pathway of encountering all Books of the Bible
  8. Be on a pathway of transformation away from sin or Not-Love, and towards God's Best
  9. Be an active participant in a loving community of transformation
  10. Have confidence and clarity in proclaiming and sharing the Very Good News of Jesus
  11. Be able to introduce a new person to Jesus, the Man
  12. Be able to guide a new believer into true and effective discipleship
4. Content
  1. Session 1—Communication Dynamics
    - i. Overview and orient to the AllNeedsMet.us website
    - ii. Introduce the Communications Dynamics used in the Fitness Fellowships
      1. Paradigms, 7b, the first three
        - a. My Story
        - b. Protected Speaking
        - c. Timed Speaking
  2. Session 2—Gospel Clarity—the Very Good News
    - i. Review the Paradigms of My Story, Protected Speaking, Timed Speaking
    - ii. Go to and read ACT 7b. Paradigms, #4 Gospel Laxity/Gospel Clarity
    - iii. Go to and read ACT 7b. Paradigms, #9 Discussion/Reflect and Reveal
    - iv. Introduce ACT 8.1a. Good News Overview as a reference for passages
      1. Explain that this many passages, at the beginning, could overwhelm a Newcomer
    - v. Go to and read ACT 1a. Very Good News
    - vi. Optional
      1. In Very Good News, 4b. references a Spiritual Slate
      2. To show Scriptural support for this concept, go to ACT 8.1a. Good News Overview, use #17 as example of checking a passage
  3. Session 3—Study Jesus and do as He did
    - i. Paradigm—Jesus leads us

- ii. Paradigm—Holy Spirit will teach us
    - iii. Go to and read 1b. Study Jesus and do as He did
  - 4. Session 4—Gospel Team—Reading a chapter a day of the Gospel\ s biographies of Jesus
    - i. Paradigm—Gospel Time
    - ii. Paradigm—Radiate Out
  - 5. Session 5—Lord’s Prayer Morning and Night
    - i. Paradigm 15
  - 6. Session 6—Father Time
    - i. Paradigm—Father T\time
  - 7. Session 7—Requests of 10 Words or Less
    - i. Paradigm—Requests of 10 Words or Less
  - 8. Session 8—S.T.A.R.T. to be transformed
    - i. Paradigm—S.T.A.R.T. to be transformed
    - ii. Go to and read ACT 6a, S.T.A.R.T.—the Way of Transformation
  - 9. Session 9—Fitness Fellowship—Metaphor (Paradigms 5-9\Format)
    - i. Paradigm—Bible Encounter
    - ii. Paradigm—Primary Source
    - iii. Paradigm—Environment of Transformation
    - iv. Paradigm—Speck and Beam
    - v. Paradigm—Fitness Fellowship
    - vi. Read the Jesus Chapter of the Day
  - 10. Session 10—Fitness Fellowship—Format (Jesus Chapter of the day)
    - i. Paradigm—Lord’s Prayer as Format
    - ii. Go to and use ACT.....Lord’s Prayer as Format—Training
    - iii. Read the Jesus Chapter of the Day
  - 11. Session 11—Fitness Fellowship—Practices R\review \(\ \ Modules and a Topic—Love )
  - 12. Session 12—Fitness Fellowship—Modules and a Topic—Love
    - 1. (\ Evangelism—Introducing Jesus the Man )
    - ii. ((\ Have you ever not loved well
    - iii. Would you like a way to be absolved of all not-Love
    - iv. What if, like notes on a phone, all not-Love \sin could be completely deleted
    - v. What if all could be forgiven
    - vi. This is what Jesus came to offer ))
  - 13. Session 13—O\ngoing Community
  - 14. Session 14— Fitness Fellowship—Evangelism—Introducing Jesus the Man
    - i. Gospel in Matthew 4:23 (See J, pag 3)
      - 1. G2098
      - 2. Euangelion = good tidings, glad tidings
      - 3. This is Good News, not bad news
      - 4. A wonderful gift of cleansing our spiritual slate
    - ii. Have you ever not loved well?
    - iii. Would you like a way to be absolved of all not-Love?
    - iv. What if, like notes on a phone, all not-Love \sin could be completely deleted
    - v. What if all could be forgiven
    - vi. This is what Jesus came to offer
  - 15. Session 15—Fitness Fellowship—Discipleship—Begin Again
    - i. Begin the ACT Training for New Believer
5. Reflect and Reveal
    1. “We will now invite the Holy Spirit to teach us in this time.
    2. “We will be silent for 5 minutes.
  6. Introduce the next session
    1. “Next time we will...
  7. Prayer to close the session

8. After-meeting for comments and questions