

## DD—CW—ACT—Study Jesus and do as He did (5)

*(Discipleship Discussions—Carpenter's Workshop—All Needs Met Commandments Training...)*  
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### **Welcome**

Welcome to the All Needs Met Commandments Training (ACT).

The ACT is a training approach for those who have entered into a relationship with Jesus.

In Matthew 28:20, Jesus said to teach His disciples to observe all He commanded.

The ACT is a way to do this.

Simply put, this is the training: “Study Jesus and do as He did.”

This page outlines the approach.

### **First Four Practices**

We recommend four Practices to begin.

Modules, in the Training Pages of the ACT, provide Scriptures and guidance for these Practices.

Doing these Practices, all else will follow.

The first three come from the Gospels, specifically, Matthew 6:5-13.

1. Lord's Prayer, Morning and Night—prayed sincerely
2. Father Time—spending time with the Father
3. Requests of 10 words or less—being clear in what we ask of God
4. Gospel Time—we S.T.A.R.T. as we read a chapter of the Gospels every day.

### **S.T.A.R.T.**

In the ACT, through Jesus, we invite the Holy Spirit to transform us using S.T.A.R.T.

We S.T.A.R.T. with the Gospels (Matthew, Mark, Luke, John).

We:

S = Study Jesus—we search the Gospels, and all Scripture, for what Jesus did, said, and said to do.

T = Translate—we translate the Word into Practices, to clearly see what we are to do.

A = Assess Adherence—we ask of ourselves: Am I doing what the Word says?

R = Repent—If I am not doing the Word—I admit, confess, and repent of the Shortfall to another.

T = Transformation—we ask God, through Jesus, by His Holy Spirit, to heal us of the Shortfall.

ACT is the beginning of a discipleship journey.

An abundant life awaits.