

DDS—Sex—Transformation (6)

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#	Bible	C	V	V	Perspective
					Paradigms of the approach
					The Paradigms of this approach are unusual.
					The Paradigms of this approach may be uncomfortable.
					An open discussion of sex can be, at the least, uncomfortable.
					The Paradigms of this approach may, to some, seem heretical, encouraging sin.
					However, the Paradigms of this approach are Biblical, as you will see.
					Language and words used
					Some words that are in our language are misnomers.
					In some cases, we have invented other words that more truly describe the item or idea.
					For example, the origin of the word ‘penis’ means tail, which it is not.
					We choose to call this part of our body an ejaculator, because this is what it is.
					There are many examples.
					We are direct in what we say.
					We avoid euphemisms, because these can keep us hidden.
					Instead of “I acted out,” we encourage, “I masturbated using porn.”
John		8	32		Jesus said it is the truth that will set us free, and so we seek to always tell the truth.
					The Bible story of sex
Genesis		1	27		In the beginning, God created us male and female.
Genesis		1	27		In the beginning, God created us with sex.
Genesis		1	28		In the beginning, God ordained sex, telling Adam and Eve to multiply, to have sex.
					It seems we, mankind, was created sexually pure.
					It seems we were created with the capacity to have sex, to multiply.
					God even commanded Adam and Eve to have sex.
Genesis		2	25		In the beginning, the man and his wife were naked, but they were not ashamed.
Genesis		2	16	17	In the beginning, the man and his wife were told not to eat of the tree of knowledge of good and evil.
Genesis		3	6		In the beginning, the man and his wife were tempted and did eat of this tree.
Genesis		3	7		When they ate of this tree, “the eyes of them were opened, and they knew they were naked;...”
Genesis		3	7		When they saw that they were naked, they sewed fig leaves to cover their genitals.
					It seems the first effect of eating from the tree of the knowledge of good and evil was to know they were naked, and to be ashamed.
					In the Fall into sin, of all the topics in existence, it is sex and the covering of our genitals that was a notable a first response, and so, sex remains a significant issue.
					Challenges with sex are woven throughout the Scriptures.
					There are Scriptures of guidance throughout the Bible about sex.
					Song of Solomon celebrates the beauty of the sensual, affirming the gift of sexual pleasure.
					We see that there is great approval for sex if it is healthy.
					We see there is also guidance against unhealthy sex.
					Sex
					Sex is universal.
					Sex is one of the most powerful aspects of our lives.
					Sex is very powerful physically.
					Sex is very powerful emotionally.

				Sex is very powerful mentally.
				Sex and the church; poor training
				And yet, in the Institutional Church, it seems that sex is rarely if ever mentioned.
				The result is that many of us have had no proactive, healthy training in sex.
				In essence there is no such thing as no training.
				No training means we had poor training
				Generally, if we had no training, we had poor training.
				Poor training leaves us alone with one of the most powerful aspects of being human.
				In poor training, we are often left to our own resources to figure sex out.
				With poor training, we were not trained to allow God to be Lord of our sex.
				With poor training, we did not know how to let God be Lord of our sex.
				Trained or not, however, sex is active in us.
				Biblical boundaries for sex
				Because of poor training we often do not have a clear idea of Biblical boundaries for sex.
				It was often indicated that the solution to sex was to not have anything to do with it.
				This can be challenging to young men who wake up with a strong morning erection.
				This can be challenging to young men who can be very sexually attracted to others.
				With this poor guidance, we can think all sexual pleasure is wrong.
				With this poor guidance, we can think that all attraction is wrong.
				However, the Bible is clear about what is healthy in sex and what is not unhealthy in sex.
				With poor training
				With poor training, we were left alone to cope with our sex.
				With poor training, we did not know how to protect ourselves.
				With poor training, we did not know how to cope with the many images and ideas of our culture.
				With poor training, we did not know how to recognize predators.
				With poor training, our sexual experiences were often random.
				We had experiences to which we did not know how to respond.
				Random experiences, sometimes by predators, resulted in buried, erroneous beliefs.
				These buried beliefs often created distorted desires that compel us.
				Because the compulsion of distorted desires is so strong, we can think we are condemnable.
				We can carry great guilt.
				We can carry great shame.
				Entire, very powerful parts of our lives were very challenging.
				Entire, very powerful parts of our lives were very active within us.
				Entire, very powerful parts of our lives were hidden.
				Transforming sex
				Fortunately, we came into a fellowship of men who were willing to explore sex transformation.
				We were grateful that the fellowship was completely under the Protection and Guidance of Jesus.
				We were grateful that we could let Jesus lead us.
				We were grateful that we could let the Holy Spirit guide us into all truth.
				We were grateful for the complete safety of the fellowship; we could reveal all.
				We come to understand that the distorted drive comes of a past deficit or contortion.
				We confess the truth in order to bring what is inside of us into the Light and Love of God.

				We find that, in a community of men who are very safe, we can begin to open ourselves.
				We encourage explicit both in the distorted desires that drive us and in our history.
				We know that God is the same yesterday, today and tomorrow.
				Because God never changes and is outside of time, He can visit our past and rewrite it.
				This rewriting does not change the facts, but it can change us experientially.
				Revealing our history also means we are no longer alone with it.
				Exposing past, isolated experiences helps us now know that we are not alone, not isolated.
				We are careful as we are explicit to not “awaken desire” in ourselves or others.
				Our intention is not that our shares become like pornography, amplifying desire.
				We speak openly about the pornography that appealed to us, because it reveals the underlying need.
				Our meetings
Matthew	6	5	13	We use the Lord’s Prayer as a format, to frame our meetings in the prayer Jesus gave to us.
				Within this frame of prayer, each man has the opportunity to share what’s up, reflect on Scripture and content on a relevant topic, have an opportunity to draft requests and have a time to pray.
				This format invites the Holy Spirit to teach, train, and transform us.
				Ideals
				As a frame, we describe the ideals in sex.
				In the ideal, we recognize that God wants Lordship of our sex.
				In the ideal, we see that the gift of pleasure is for our enjoyment.
				In the ideal, we see that we can worship as we sex.
				We describe the ideal of sex in marriage.
				We describe the ideal of sex as a single man.
				We describe the ideal of training in sex.
				Looking at the ideals is not to discourage us, but to see God’s best design.
				Assess and confess and ask God to address
				We assess our sex lives against the ideals.
				We identify shortfalls.
James	5	16		We confess our shortfalls, one to another.
James	5	16		Together, we pray for healings.
				Healing Histories
				With God’s help, we list the headlines of our history.
				Often, our past, in our isolation, has been hidden and buried.
				Buried experiences affect our activities, like weeds in a garden.
				Lordship
				In the ideal, we have and are allowing Lordship by Jesus of sex in our bodies.
				In the ideal, we have and are allowing Lordship by Jesus of sex in our minds.
				We invite God to have Lordship of our ejaculator\penis, balls\testicles, all erogenous zones.
				We recognize that the pleasure of sex is a gift from God.
				When we desire to sex, we open this desire to Jesus, the Lord of our sexual desire.
				We allow God to process that desire for pleasure.
				Images in the mind
				Some of us carry pornographic images by what we have seen or what we have created.
				We confess these images to each other as indicated in James 5:16 and pray for healing.
				We allow affection without sexual gratification.

				We let our honesty build an intimacy of brotherhood and friendship.
				Metaphorically, we have Room for sex
				We can invite Jesus to come into this room to address fantasies and images.
				His life can outshine the evil.
				Sometimes, God will white-screen the image, let a bright white light obliterate it.
				We admit to God that we want to look at the images.
				We admit to God that we sometimes want to use images to enhance sex with our spouse.
2 Corinthians	10	5		We invite God to take these thoughts captive.
				We invite God to show us underlying causes of our desires.
				Celebrations
				Together, we give sex updates, identifying challenges, but also celebrations.
				Activities as a single
				We invite Jesus to be Lord of our bodies.
				We invite Jesus to be Lord of our thoughts and imagination.
				We invite Jesus to be Lord of our sex.
				We invite Jesus to be Lord of our physical pleasure.
				We invite Jesus to be Lord of our ejaculations.
				We invite Jesus to be Lord of our thinking about sex.
				We invite Jesus to be Lord of our thinking about others.
				If we solo-sex (masturbate), we invite Jesus to be with us.
				We invite Jesus to help us worship whenever we are sexing, even if only in our thoughts, desires and feelings.
				Activities in marriage
				See a separate list?
				As a married couple, we communicate about sex.
				As a married couple, we have undergone sexual transformation to be rid of all lies and wrong beliefs.
				Having undergone sexual transformation, we are free in sex because we know what is healthy and what is unhealthy or sinful.
				As a couple, we communicate about what we would like.
				As a couple, we listen to what our spouse would like.
				Anal sex
				Awareness of thoughts as we sex
				By hand—husband for the wife, fingers into the vagina
				By hand—husband for the wife, fingers simulating the clitoris
				By hand—wife for the husband—massaging the balls
				By hand—wife for the husband—stroking the erection
				Erections in the morning
				Insertion sex
				Lubricants—saliva
				Lubricants—vaginal
				Oral sex—husband to wife
				Oral sex—wife to husband
				Orgasms appreciated, but are not the focus
				Straddling—wife’s genitals over husband’s face
				Straddling—wife’s genitals over husband’s face as she is over his ejaculator, giving oral sex.
				Straddling—husband’s genitals over wife’s face
				Straddling—husband’s genitals over wife’s face as he giving oral sex

