

5	<p>Your Will be done on earth as it is in Heaven 1/Father, please help us to choose Your Will, as Jesus did, and to do it [Matthew 26:36-44].</p> <p><i>Please bring Your Perfect will to all aspects of sex in our lives. Please let Your Perfect Will be done in all aspects of sex in our lives. Please let Your Perfect Will be done in our use of sexual pleasure, And in our sexual thoughts and sexual activities.</i></p>
6	<p>Give this day our daily bread 1/Thank You, Father, that You know what we need before we ask You [Matthew 6:8]. 2/Thank You for training us to ask, even though You already know what we need [James 4:2].</p> <p><i>Because unmet needs can distort the Ideal of sex in our lives, please answer all of our needs. Please satisfy any past deficits that have come of past unmet needs. Please meet any daily or ongoing needs so that our sex lives may be pure.</i></p>
7	<p>And forgive us our trespasses as we forgive those who trespass against us 1/We read that we must forgive in order to be forgiven [Matthew 6:15-16]. 2/Father, please help us recognize any unforgiveness or sin in us [Psalm 139:23-24]. 3/Please help us confess our shortfalls to each other, and to pray to receive Your healing [James 5:16].</p> <p><i>Please reveal any unforgiveness that may underlie our sexual lives. Please help us to come into true forgiveness in all ways.</i></p>
8	<p>And lead us not into temptation 1/Father, please keep us from false gods and damaging ways [1 Corinthians 10:13]. 2/Father, please guide me in the paths of righteousness in all areas [Psalm 23:3].</p> <p><i>Please protect us from all temptation in all areas, but especially in the area of sex. Please dismantle any underlying roots or tendrils that make us vulnerable to temptation. Thank you for providing a door through which we may step when tempted, so we are freed from temptation.</i></p>
9	<p>But deliver us from evil and the evil one 1/Father, please protect us from all evil [Psalm 121:7].</p> <p><i>Thank you for protecting us from all evil. Help us to fully trust in this protection that You are providing.</i></p>
10	<p>For Your is the Kingdom and the Power and the Glory now and forever. 1/We Praise Your majesty, Father, Jesus, and Holy Spirit, now and forever [Psalm 8].</p> <p><i>I thank You, Father, for bringing everything in our sex lives into alignment with You and Your design. Please help us not be overzealous or lax in this area. Please help us let You Perfect every aspect of sex in our lives.</i></p> <p><i>In the Name of Jesus,</i></p> <p>Amen.</p>