

DD—CW—ACT—True Men Club—Script (7)

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Welcome:

Welcome to the True Men Club.

To the New Man:

We are a fellowship of men who have realized that we are not living out God's Best in sex.

We collectively and individually want God's Best in every area of our lives, and especially in sex.

All men 13 years and older are welcome.

Men of all beliefs are welcome.

However, we meet under and within the Protection, Wisdom, and Guidance of Jesus Christ.

We have found that Jesus is the Man of Perfect Love and Perfect Truth.

He came so that we could have an Abundant Life.

He gives us Truth and provides a way to be transformed to our best.

We use His Way of Transformation in this ministry.

Gardening Metaphor:

We have found it helpful to use a gardening metaphor to understand how God can transform us.

We think of life as a Master Garden.

We are each given a Garden Plot to manage; this includes our sex.

We can manage our Garden on our own, or invite help.

Jesus is the Master Gardener.

He is willing to help, but waits to be asked.

Many of us have been Gardening on our own.

Many of us realized that our Gardens were not bearing the best fruit.

We invited Jesus, the Master Gardener, to help.

We have been blessed by the improvements.

This script focuses on the Re-gardening of the sexual aspect of our Gardens.

Please know that this process of transformation can be used for every area of our lives.

To begin, it is important to understand our first Garden—Eden.

The Good News, or Gospel, of Jesus Christ:

We believe there is God, and that He is Our supernatural Father of Perfect Love and Perfect Truth.

We believe He wanted and wants to have a Love relationship with us.

In order for us to be able to Love Him, He had to give us Choice.

We had to have Choice so that we could choose to Love Him.

He gave us this Choice in the Garden of Eden.

God knew that if He gave us Choice at least some of us would not Choose Him.

And so, He made a Plan.

The Plan was and is Jesus.

Our ancestors chose to not obey and so not Love God.

Because the imperfect cannot be with the Perfect, this choice separated our ancestors, and us, from God.

To provide a way to repair this separation God Our Father implemented His plan.

He came to earth as Jesus.

As Jesus He took on all sin, or “Self In Not-Love (SIN).”
He allowed Himself to be crucified to destroy the power of this sin.
He then resurrected from death in victory over sin.
Doing this, He created a way to cleanse us of our sin.
When cleansed of the imperfection of our sin, we can again choose to be with God, Our Perfect Father.

We access this Gift of Choice by A.B.C., we:

A = Admit sin

B = Believe that Jesus is the Resurrected Son of God, and

C = Confess Jesus as our Lord, placing everything under His Control and Management.

[Matthew 4:17; Romans 10:8-10]

Confessing Jesus as Our Lord is a critical step.

We can ask Him to help us to be intentional in truly inviting Him to be Lord of every area of our lives.

The Fall and Our Gardens:

Regarding sex, in Eden, our ancestors chose to disobey, and so not Love God.

A notable consequence of this was the effect on our sex.

We went from being “naked and unashamed,” to covering our genitals.

The Fall caused a sullying of sex with shame.

This shame and brokenness seems to have remained.

Perhaps the greatest evidence of this is the lack of training about sex in the church.

Most of us who struggle or have struggled with unwanted behaviors in sex had poor training in sex.

We consider that there is no such thing as no training; no training almost always results in poor training.

Given our Gardens for sex, we entered them with very little information; perhaps none.

With or without training, life happens and we experience sex.

Poorly trained and often with no one to talk to, we did and do our best to understand and cope.

We did our best in this Garden.

Unfortunately, and unknowingly, we, at times, believed lies.

These lies resulted in behaviors that we knew were not the best.

At times these behaviors became compulsions that we could not control.

We knew and know something is off.

Our Garden was not bearing the best fruit.

Without knowledge and guidance, weeds had taken over.

Perhaps, even invasive vines had been planted.

These weeds and vines took over our Garden, choking away our ability to produce best fruits.

We came to realize we needed help, and found a community that supported Re-Gardening.

Recapturing Eden:

Those of us who have grown in sexual health are grateful to have found a fellowship of transformation.

We are returning to Eden, to being “naked and unashamed” when it comes to sex.

In this community, we have found...

That an environment of safety allows the honesty that is needed for Re-Gardening.

We use the Bible as our Gardening Handbook.

We look into the Scriptures to teach us about sex and to help us understand the ideals in sex.

Because of the importance of training, we have also drafted an ideal training in sex.

As we review this training, we consider our story, how we have “Gardened” in the past.

We write out our History Headlines to rework our Garden, to clear out the roots and rocks and rot.

This process allows us to see the weeds and vines and to excavate them.

We are then able to replant our Gardens with the Truth that brings Abundance.

The True Men Club provides individual assistance, if needed, in drafting these History Headlines.
We can assist in excavating the weeds and vines and in replanting our Gardens with Truth.
We seek to inform and not direct.
Like a garden, this reworking can and usually does take time.

Four Practices of Discipleship:

We recommend 4 daily Practices for each man:

1. The Lord's Prayer morning and night with requests directly related to our sexual transformation.
2. Father Time, at least morning and night, as we pray the Lord's Prayer.
3. Requests of 10 words or less; God would have us ask and ask specifically of Him.
4. Gospel Time with START—a simple, effective and transformative path of discipleship.

We encourage each new man to activate these Practices by meeting with a man who is doing them.
There are men who are available and willing to join with you.
Please let us know if you would like to meet with another man to initiate these Practices.

Weekly Meeting:

In addition, we meet weekly to repeatedly cycle through the sessions listed below.
These sessions give us Biblical and practical information about sex.
Each week we review the Scriptures and information of one Session.
We R+R: we Read the material, and have time of Reflection.
In Reflection we invite God's Holy Spirit to reveal the weeds and vines of wrong thinking and beliefs.
We also invite God's Holy Spirit to replace the errors with Truth.
We then invite each man to Reveal what the Holy Spirit has brought forward to him.
Finally, we have a time of prayer during which a man may confess Shortfalls and make requests.

Results and Hope:

We have found that this process of transformation has reworked our sexual Garden.
The topics have been a great benefit to those of us who were never trained.
We have found freedom, enjoyment and the Abundant Life in sex that God wants for us.
Our Gardens have become lush.

We have become better husbands, better able to be loving, personal, respectful, and intimate.
We have become better fathers having greater ease and comfort to effectively discuss difficult topics.
Having been trained in sex, we are better prepared to equip our sons for marriage and for healthy sex.

We see that this process can be effective for all men and for all topics.
We see that this process has retrained our minds and can be used to retrain our thinking in all areas.
We see that we can use this process to transform all areas of life.
We see that this process can be a benefit, not only to ourselves, but also to our loved ones.

To every man, but especially the New Man, we welcome you to our fellowship.
We wholeheartedly invite all men to join us in this Re-gardening Journey.

The Meeting:

Let's begin.

Father, in the Name of Jesus, by You, Holy Spirit

Please Protect, Anoint, Inspire, and Direct (PAID) us in our time together.

We use the S.T.A.R.T. process to encounter the Bible and the content. We:

1. S = Study Jesus—in the Gospel chapters, and throughout the Scriptures [John 5:39].
2. T = Translate into Practices—what He did, said, and said to do.
3. A = Assess Adherence—are we doing the Practices?
4. R = Repent—of our shortfalls, as we are told to do in James 5:16.
5. T = are Transformed—we ask God to heal and so, transform us, also in James 5:16.

We will now read the material of today's session.

(The Facilitator may assign others to read portions of the Scripture and/or content.)

(When the Scripture and/or content has been read:)

Thank you, everyone. At this time, we reflect on the Scripture and/or content.

Father, in the Name of Jesus, by You, Holy Spirit, please use Your Word and any content to train us.

Please help us use the S.T.A.R.T. process so that You may fully transform us.

Please help us to keep our reflection personal—"How does the Scripture and/or content relate to me?"

We'll now have a time of reflection for ___ (3 to 7) minutes to allow the Holy Spirit to teach and train us.

(After the time of quiet:)

Please keep in mind that we use:

Protected Speaking:

Using Protected Speaking, we do not interrupt the speaker with any comments or questions.

This allows the person to say all that he wants or needs to say.

By Hands:

In an open discussion, we ask that each person raise his hand if he would like to speak.

This ensures that everyone who would like to speak will have an opportunity.

My Story:

We also encourage the use of "My Story."

In My Story we use "I" statements rather than "You," or "We" statements.

The "I" pronoun helps us to keep the sharing personal, which best prepares us for transformation.

Timed Speaking:

To be sure that everyone has an equal opportunity to speak, we, at times, time the speaking.

A person need not use all of the allotted time, but we do ask that each person stay within the time limit.

We invite each person to time himself as this increases our sense of the lengths of time.

Thanking the Person:

We invite each person to say, "Thank you," after someone has shared.

This simple phrase indicates that we have heard and received what has been said.

At this time, everyone who would like to speak is invited to do so.
We use Protected Speaking, My Story, Timed Speaking, and Thanking the Person.
Please keep your share personal—"How does the Scripture relate to me?"
Each of us will have up to _____ (divide the time allotted by the number of participants) minutes.
Please time yourself.
Who would like to begin? Or _____ (name), would you please begin?

(After everyone who wants to speak has done so:)

Thank you, everyone.

At this time, we invite the Holy Spirit to minister to us.
Father, in the Name of Jesus, by You, Holy Spirit, please bring to mind and heart anything from which we need to turn.

Please also guide us as we draft our Requests.

We'll now be silent for 2 minutes.

(After 2 minutes:)

In James 5:16 we are instructed to confess, one to another.
A group setting may not be appropriate for a confession of a sin or a Shortfall.
We provide this opportunity for those who are comfortable confessing to the group.
However, at this time, it is also appropriate to pass, or to speak using My Story, but in general terms.
Please share according to the guidance of the Holy Spirit, and according to your comfort.

At this time, we also invite anyone who would like to pray their requests to do so.
Anyone is free to pass if they prefer.
We continue to use Protected Speaking, My Story, Timed Speaking, and Thanking the Person.
Each person will have up to ___ minutes.
Please time yourself.
We will begin with a volunteer and go in a circle.
Who would like to begin? Or _____ (name), would you please begin?

(After everyone has had an opportunity to pray:)

Father, in the Name of Jesus, by You, Holy Spirit, thank You for this time together.
Please seal into our minds, hearts and souls all that You would have us retain.
Please continue to transform us to Your Best.
Amen.

Our meeting has now concluded.
However, we also offer a time of prayer.
If you would like to enter a relationship with Jesus,
 If you would like to learn more about the baptism in the Holy Spirit,
 If you would like to become part of a discipleship routine,
 And/or if you would like prayer for a concern or need,
 Please let the facilitator know.
The members of our prayer team are available to pray with you.

Sessions:

The information for each session is available online.

We encourage each man to invite the Holy Spirit to Guide him through the material.

Regardless of the topic for the week, we invite men to share whatever is current and relevant.

The list below can be sorted into two different sequences.

A is the sequence for the teen years of training.

B is the sequence for the man challenged by a distortion; see the next page.

A—The sequence for the teen years of training:

A	B	Session
1	1	Lord's Prayer morning and night with Father Time and Requests of 10 words or less
2	2	Sex symbolism of the sacred
3	8	Physiology and pleasures of the man
4	9	Physiology and pleasures of the woman
5	10	Physiology of intercourse
6	11	Internals—thoughts
7	12	Internals—Beliefs
8	13	Internals—attractions and arousal
9	14	Intimacies—personal and physiological
10	15	Two become one flesh and soul
11	16	Training fathers to train their sons: Pre and post first ejaculation
12	17	Parents model the sex relationship
13	18	Training: the infant son, 0 to 1
14	19	Training: the toddler son, 1 to 4
15	20	Training: the boy, 5 to 12\10
16	21	Training: the teen, 13 to 19
17	22	Erections—why and when and what to do when they happen
18	23	Masturbation—Scriptures and information
19	24	Biblical Boundaries—permissions and restrictions, Love or Not-Love
20	25	Ideal training—fathers and sons
21	26	Ideal training—mothers and daughters
22	27	Ideal sex if single
23	28	Ideal sex if married
24	29	Honeymoon handbook
25	3	Sex Symbolism of the soul—distortions
26	4	Distortions represent the soul/Follow the Fantasy
27	5	Distortions—pornography

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2 8	6	Distortions—predators
2 9	7	Distortions—cultural debauch

B—The sequence for the man challenged by a distortion:

A	B	Session
1	1	Lord’s Prayer morning and night with Father Time and Requests of 10 words or less
2	2	Sex symbolism of the sacred
2 5	3	Sex Symbolism of the soul—distortions
2 6	4	Distortions represent the soul/Follow the Fantasy
2 7	5	Distortions—pornography
2 8	6	Distortions—predators
2 9	7	Distortions—cultural debauch
3	8	Physiology and pleasures of the man
4	9	Physiology and pleasures of the woman
5	10	Physiology of intercourse
6	11	Internals—thoughts
7	12	Internals—Beliefs
8	13	Internals—attractions and arousal
9	14	Intimacies—personal and physiological
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1 2	17	Parents model the sex relationship
1 3	18	Training: the infant son, 0 to 1
1 4	19	Training: the toddler son, 1 to 4
1 5	20	Training: the boy, 5 to 12\10
1 6	21	Training: the teen, 13 to 19
1 7	22	Erections—why and when and what to do when they happen
1 8	23	Masturbation—Scriptures and information
1	24	Biblical Boundaries—permissions and restrictions, Love or Not-Love

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2 0	25	Ideal training—fathers and sons
2 1	26	Ideal training—mothers and daughters
2 2	27	Ideal sex if single
2 3	28	Ideal sex if married
2 4	29	Honeymoon handbook